

# Sheila Landry Designs

Pattern by Keith Fenton

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## SK091 I Wake Up To Drink Coffee



*An Original Pattern With Complete Instructions*

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### Materials and Supplies

- One piece of tight-grained hardwood 7.5" x 14.5" by 3/8" to 1/2" thick for the plaque
- One piece of high-quality 1/8" thick plywood for the backer (optional)
- Scroll saw blades – various sizes from #2/0 and #5 reverse tooth recommended
- Temporary adhesive spray glue
- Blue painters masking tape (2") (packaging tape can be substituted for this)
- Drill press and small bit for entry holes
- Hand-held orbital sander and various grits of sandpaper
- Acrylic paint in a color of your choice for backer (optional)\*
- Spray varnish in a finish of your choice
- A sawtooth hanger

\*I like using DecoArt Americana acrylics and have not had any trouble gluing with wood glue over a couple thin coats of paint when fully cured.

### Procedure

-Make photocopies of the original pattern and keep them for future reference. Patterns may be reproduced for the purpose of making the project – not for resale or sharing purposes. Finished items that are made by hand may be sold for profit. If you wish to use a laser or other automated device to make finished items, please purchase the appropriate license from our website (ie. "SVG for Laser" option). Credit to the designer is encouraged. Pattern and photographs are the intellectual property of Sheila Landry Designs and redistribution is not permitted.

### Preparing the Wood

-Beginning with 100 grit sandpaper, sand both sides of your wood with your hand-held orbital sander to remove the planer marks and smooth out the wood. Graduate up to 150 grit paper or finer if desired. Clean all the dust from your wood after sanding.

-Place a layer of blue painters masking tape over the entire surface of the hardwood piece to help prevent burning and to facilitate removal of the pattern after cutting. If you prefer to use packaging tape to prevent burning, you may find it easier to put the tape over the pattern rather than under it.

-Attach your pattern halves together with clear tape using the dashed line for alignment.

-Apply the pattern over the masking tape layer by lightly spraying the back with a misting of temporary spray adhesive. Allow the spray to tack up for a couple of seconds until it feels sticky like masking tape and apply the pattern over the tape on your wood.

### Cutting

-Begin by cutting the perimeter of the plaque. A #5 blade is recommended for this.

-Drill all entry holes for the inside cuts with a small bit. After drilling, turn over the piece and sand the back of it so that it is perfectly flat. You can also use an appropriate sized bit for drilling the berries if you like.

-I suggest using a #2/0 to cut most of this design. You can step up to a slightly larger blade for the bigger letters and the flourishes if you like. Change your blade at the first sign of dulling. The thin

cuts can be tricky and a dull blade will make a mistake much more likely. In the narrow slits, whenever possible try to cut the inside edge of a curve before the outside edge; This will make your blade much less likely to dive into your previous cut and make the process easier. Be sure to do the innermost cuts first to avoid working in an area where much of the support has already been removed.

## Finishing

-Separate the pattern and tape from the wood. Carefully sand all pieces by hand or with an orbital sander to remove any burrs working up to 220 grit paper. You can use a small knife or sanding stick to get into tight areas. Clean the dust from your pieces after sanding.

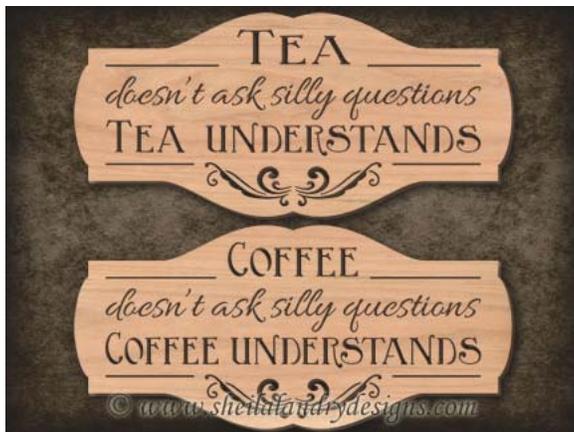
-If you are painting a backer piece you can do so now. Apply one or two coats of paint and allow it to dry thoroughly.

-After the paint has dried, you can glue the backer to the plaque (if you are using one). Apply some glue to the back side of the plaque, carefully center the backer over it and clamp it or weigh it down as the glue sets. Keep an eye on the pieces until the glue starts to tack to be sure that they don't move around.

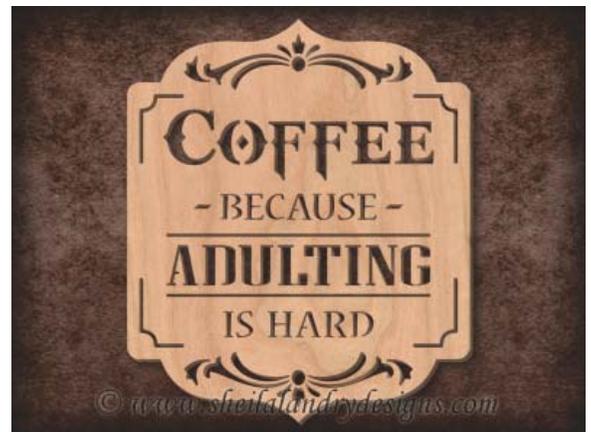
-Finally, you can attach a hanger of choice on the back of the plaque. **If using nails or screws, be sure that they will not poke through the front of your plaque or hit into any of your lettering!** If using screws, you may want to drill a pilot hole first, but be sure to use the stop on your drill press to avoid drilling through to the front of the plaque. You could also choose to use two-part epoxy to hold the hanger. If using epoxy, be a bit generous with it and spread it around slightly. I also like to go over the edges of the hanger to ensure a good bond to the metal. Allow it to fully cure at least 24 hours before hanging the plaque on the wall.

-You can now spray several coats of varnish on both sides of the plaque allowing the varnish to dry between coats. For a smoother finish, sand the surfaces lightly with 400-600 grit paper and clean the dust off before your final coat.

*Be sure to check out our website for more word art and many other great patterns!*



SLDK742  
Tea & Coffee  
Understand



SLDK737  
Coffee Because Adulting Is Hard

*If you have any questions regarding this project, please contact us at 902-482-7174 or by email at [sheilalandydesigns@gmail.com](mailto:sheilalandydesigns@gmail.com). Visit our website at [www.sheilalandydesigns.com](http://www.sheilalandydesigns.com) to browse our selection of patterns.*

Join both pattern halves along this dashed line

